



## PMI® Sympatico Harness Personal Gear | Harnesses



This harness is well-suited to your every adventure, balancing the minimalist style of recreational harnesses with the extraordinary support of industrial use harnesses. It's modular design permits it to be used as just a seat, or as a seat-chest combination, making it a perfect choice for ropes course use, mountain rescue, sport rappelling, and other suspension-intensive activities. With or without the chest harness, the high attachment point at the waist means that the harness sits more deeply than a climbing harness, while the light-weight, wide waistbelt offers superior comfort, hip D-rings for positioning, and a rear waist attachment for secure restraint. Chest harness attaches quickly and securely to provide sternal and dorsal attachment points, chest-ascender link, and soft loop connection points at the shoulders for vertical lift. Quick-release adjustable buckles at waist and legs make it easy to get in and out of the harness, while low profile D-rings offer full functionality in a lightweight package. For maximum compatibility think Sympatico!

### Additional Information

**Shipping weight** | 6.2 lbs

**Waist** | 34-55"

**Leg** | 22-33"

**Weight** | 5.75 lbs (2.605 kg)

**Compliant** | ASTM F1772, EN 358, EN 361, EN 813, CE

---

## Tags

[Rope Rescue](#), [Rope Access](#), [Global](#)

---

## Product Code

SG51289

